



# Build Your Saga of Excellence



**Dr. Rajan K. Varughese** Director(Academics)

From time immemorial, competition has been intrinsic to human nature. For the scarce resources, claimants have always been many. Humans today are more ambitious than ever and the race, tougher than ever. To survive, one has to keep up; but to succeed, one has to win. And as we know, everyone cannot be a winner, not at the same time. That in no way implies that everyone else is a sore loser. In fact, it is gladdening to see some of those runners carve out a different path and give new definitions to success. However, we should acknowledge the merits of those who emerge at the top and stand out from the rest. Competition can lead to excellence but to excel, one has to do more than just compete.

What is it then, that makes some excellent enough to make the cut? Answers could be many. Some may say they just had better opportunities. Some may attribute their success to their families. Some may give the credit to sheer luck. Some may say they are gifted. These answers make it unable to see the simple secret to excellence. For a champion, let us say, of a running marathon, the winning day stands atop a pyramid of countless number of other days which no one saw. She/He did the same thing every day – run. And with every passing day, he/she made note of the mistakes and

worked on them, exerted, got injured, recovered and came back, and then ran again.

It sounds like a boring routine — wake up, practise, go back to sleep and start over the next day. But that is exactly what excellence stems from — when you do something repeatedly, you tend to become good at it and when you do it long enough, you become excellent. The secret to excellence is then in what one does daily. Habits, my dear children are what distinguish those few from the rest and habits are built and sustained on a daily basis.

Doing one thing every day can be hard, especially for a human brain which thrives on distractions, getting bored comes easy. And that is why it is important to love what you do. Do not jump in a race where you do not belong. The toppers of every game also enjoy it irrespective of how hard it gets. To be excellent one should be wise in choosing one's struggle.

Sportspersons like M.S. Dhoni, Abhinav Bindra and Sachin Tendulkar, stars like Shah Rukh Khan, Anurag Kashyap, veterans like our former president Dr.APJ Abdulkalam and many more have stood on the pinnacle after countless days of struggle. OEM believes in inculcating such good habits which can pave the ground for lifelong growth and persistence.

Every year, our students and alumni make the headlines for cracking some of the toughest exams, for winning some of the toughest competitions, for breaking records and for inspiring us all. As proud as their achievements make, they also serve a reminder of the hours, days, months and even years they have put in to achieve that success.

Excellence is not a gift or talent, but a result of one's habit. So take control of each day, find your labour of love and start building your saga of excellence!

# DELIVER QUALITY EDUCATION WITH BEST RESULT

Dear Parents.

Our mission is to develop a group of students with active and creative minds, a sense of understanding and compassion for others and courage to act on their righteous convictions. We focus on the overall development of every student



Mrs. Pushpa R. Principal

spiritually, morally, intellectually, socially, emotionally and physically. By keeping it in mind, we have introduced twelve different clubs for the growth of the students according to their interest. Also the student's participation in the school assembly is a great asset for their personality development. Our motto is to deliver quality education with best result. The actual goal of providing schooling is to teach skills and transfer knowledge to students in the classroom. This entry focuses on the outcome of schooling-the quality of education.

As we know, OEM School is a dream project of the management, we the staff of OEM Public School, ensure our whole hearted support towards this. Dear Parent, we expect your support in fulfilling this dream.

May God bless you.

#### INVESTITURE CEREMONY



nvestiture means formal investing of a person with authority, power, right, dignity and office. It is a traditional feature of OEM Public School eagerly awaited by all the students. The Investiture ceremony of 2018 was held on 24<sup>th</sup> October with great dignity to don the mantle of responsibility.

The Secretary of OEM Public School and Chairman, Nedumparambil Corporate Shri. N.M. Raju presided the function and addressed the students.

The Student Council Members were conferred with badges. The School flag was received by Head boy, Joel M. John and Sports flag was received by Sports Captain, Rijo Eappen Reji. House Flags were received by respective House Captains.

#### MEDICAL CAMP



A One-Day medical camp was organised at School on 30<sup>th</sup> November, 2018 in collaboration with **Government T.D Medical College**, **Alappuzha**. A team of 30 doctors of the Department of Community Medicine conducted this extensive medical camp. Dr. Sairu Philip, Professor and HOD, Community Medicine, Alappuzha Medical College led the camp duly co-ordinated by Dr. Devaki. The programme was divided into different sections depending on the age group of the students. There were special talks on Stress Level Management, Food and Nutrition and Personal Hygiene. The camp included examination under General Medicine, ENT and Ophthalmology. The findings of the investigation were recorded in the Health Register as per the requirement of CBSE.

## **DENTAL CAMP**



A Dental Camp was organised in collaboration with Pushpagiri Dental Medical College, Tiruvalla on 27<sup>th</sup> and 28<sup>th</sup> November, 2018. All students and staff of the school participated in the Dental Camp. Dr. Rino Roopak and his team of 6 doctors conducted the camp. The students under the age of 10 years were investigated under the project "Fit and Fissure". The examination for each student was a detailed one giving in an individual feedback. Some students were referred to the hospital for further medical examination. The two-day program was a great success.

# CAREER GUIDANCE CLASS

A career guidance class was organized for students of classes X, XI and XII, on October 24<sup>th</sup> 2018, to evaluate their own strengths and to build on their own areas of development. Prof. Sebastian Joseph and Prof. Alexander Saju led the classes. They delved into a spectrum of perspectives on various courses, career planning, and choices to careers that best suits their interest and aptitude. A special talk on job opportunities around the globe was an interesting one. An interactive session at the end of the program enabled the students to understand and develop the skills that are required to be successful in their future pathway.



### **MOTIVATIONAL TOUR**



A Motivational tour was organised for the students of Class XII and Class X. Twenty five students from Class XII along with four teachers visited Cochin on 19<sup>th</sup> & 20<sup>th</sup> November, 2018. An entire day was spent at Wonderla and the evening at Marine Drive. The following day they visited Mattancherry Jewish Synagogue, Museum, Hill Palace and Lulu Mall. Forty seven students of Class X along with three faculty members visited Mysore and Bangalore. They visited places of historical significance at Mysore for a day and another day at Wonderla, Bangalore.

# **TEACHERS' WORKSHOP**



A one day workshop was conducted for the academicians on 3rd November, 2018 titled 'Communication and motivation for teachers'. Mr. Sebin Varghese, softskill trainer and English teacher was the resource person for the program. He motivated teachers to identify their strengths and weaknesses. He emphasised the importance of Communication, Collaboration, Critical thinking and Creativity. This workshop enabled teachers to be enthusiastic and better communicators.

#### **ZORION 2018**



An Alumni meet of OEM Public School has been organised at Club 7 Hotel, Thiruvalla on 26th December 2018. 110 former students from different walks of life attended the function. It was a time of sharing, introduction and interaction. The three hour programme ended after a photo session followed by lunch.

# PARENTING SESSION



A special session on "Parenting" was organized for the parents of students from 5<sup>th</sup> STD to 12<sup>th</sup> STD on 25<sup>th</sup> and 26<sup>th</sup> October 2018. The session was led by Rev. Dr. Joe Joseph Kuruvilla (Director and Counselor, Diocesan Counseling Centre, Marthoma Church HQ, Thiruvalla).

These sessions were interactive in nature and covered all the significant areas of parenting styles and child rearing practices for promoting and supporting the physical, social and intellectual development of a child by parents.

### KERALA PIRAVI



Department of Malayalam organised the 62nd Kerala Piravi Celebrations at School on 1st November, 2018. The guest of honour was Shri Joseph. M. Puthussery Ex-MLA. In his keynote address he pointed out the need of protecting our 'Maathrubhaasha' (Mother Tongue). Variety of programs based on the days importance was organized. Group song by School choir and Teacher's choir added beauty to the function. The logo of photography club was unveiled at the function. The Photography club organised an exhibition on this day.

# LEARNING ENHANCEMENT AND TIPS FOR BOARD EXAM PREPARATION

A special session on "Learning Enhancement and Tips for Board Exam Preparation" for students of class X & XII was organized on 17<sup>th</sup> December 2018. These sessions were led by Rev. Dr. Joe Joseph Kuruvilla.

The students were advised the importance of having a vision with passion and interest for better performance in the examination. Fr. Joe motivated to create self-confidence and boost their self-esteem to face the upcoming board exam fearlessly. A parental session was conducted on the same day to appraise and motivate their children while they prepare for the examination.

# ANNUAL SPORTS DAY URJJA 2018





The inaugural ceremony of the annual sports meet "URJJA 2018" was held on 16th Nov.2018. The meet commenced with the march past of 4 houses. The School flag was hoisted by the Director of the School, Mr. Anson George and the Director Academics, Dr. Rajan. K. Varghese declared the meet open. A Mass Drill display brought in the competitive spirit in galore. An array of events followed the consecutive days at the Sub Junior, Junior and Senior level. Students took part with great enthusiasm & energy. The closing ceremony was held on 4th December, 2018. District Panchayath Vice President, Shri. George Mammen Kondoor was the chief guest for the day. Prize winners among the senior students & Sports Champions received their medals and certificates from the Chief Guest.

# A DECEMBER TO REMEMBER





Christmas is the spirit of giving without a thought of getting. Soaking in the spirit of Christmas O.E.M Public School celebrated 'A December to Remember' on 10<sup>th</sup> December, 2018 with great fervor and enthusiasm.

The entire campus was festooned with colourful festive decoration, brightly decorated Christmas tree and crib. The entire school vibrated with the echoes of Christmas carols by the renowned teams The Cherubim Singers, Chennai and The Chariots, Pune. Their performance won the hearts of audience. The Chief guest H.G Most Rev. Dr. Samuel Mar Irenios Kattukalathil delivered the Christmas message. Melodious carols were presented by the school choir and staff choir. We also had miming act and tableau by students. Christmas tree decoration competition was conducted for houses and the winners were awarded the prizes. Christmas cakes were also distributed among the students.

# **CLUB ACTIVITIES**

#### **HOME SCIENCE CLUB**

The members of the Home Science Club preparing Sandwich & Grape Juice...



#### **NATURE CLUB**

On the occasion of celebrating National Milk Day, the members of Home Science Club and Nature Club visited the Pathanamthitta Milma Dairy Centre, on 26<sup>th</sup> November.



A visit to Goshala, a cattle farm at Ezhumattoor as part of Nature Club activity.



#### SOCIAL SERVICE CLUB

Social Service Club Members at Dharmagiri Mandiram, Kumbanad on 7<sup>th</sup> December, 2018.

